

Opioid Misuse and Overdose Prevention and Safety

Dr. Kathleen Clanon
Medical Director
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Alameda County
Health Care Services Agency

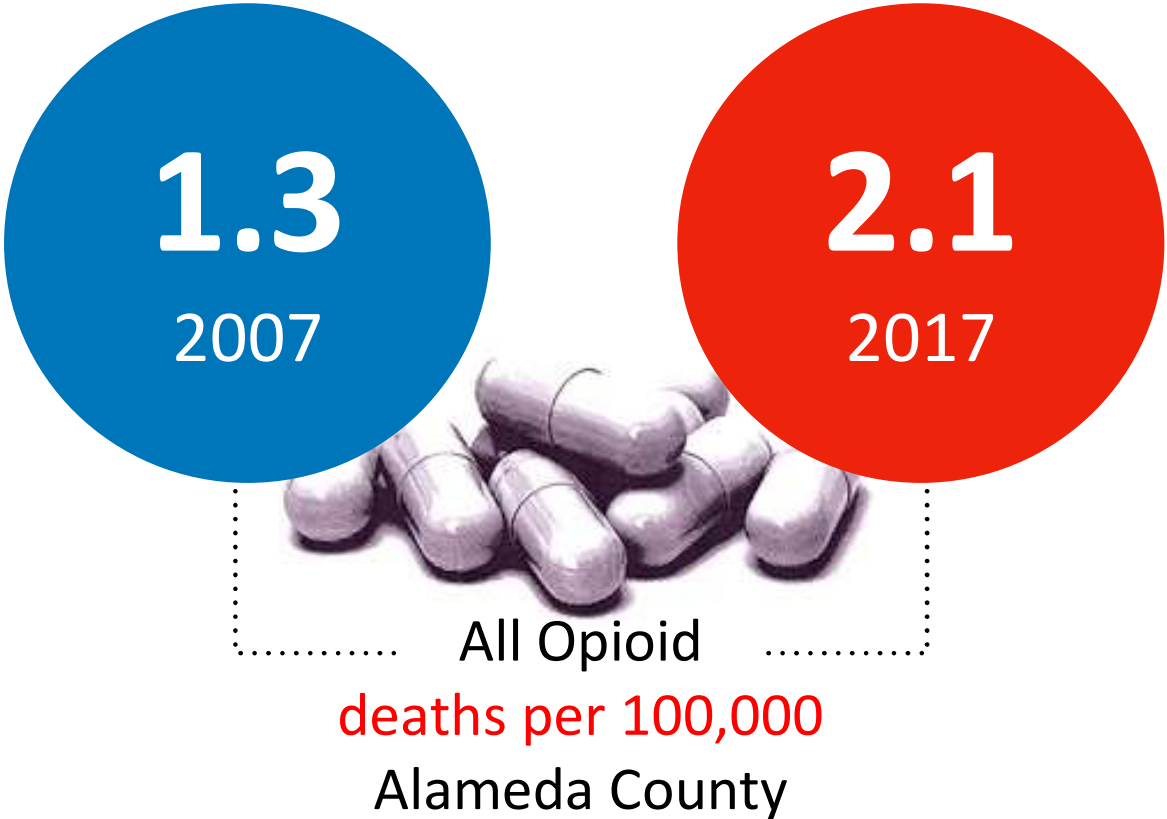
**On average,
115 Americans
die every day
from an opioid
overdose.**

Centers for Disease Control



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Opioid Overdose Deaths



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California 3.5 per 100,000 residents - a decrease from 2016.
California Opioid Overdose Surveillance Dashboard

Pharma paid patient groups

Senator: Advocates acted as opioid ‘cheerleaders’

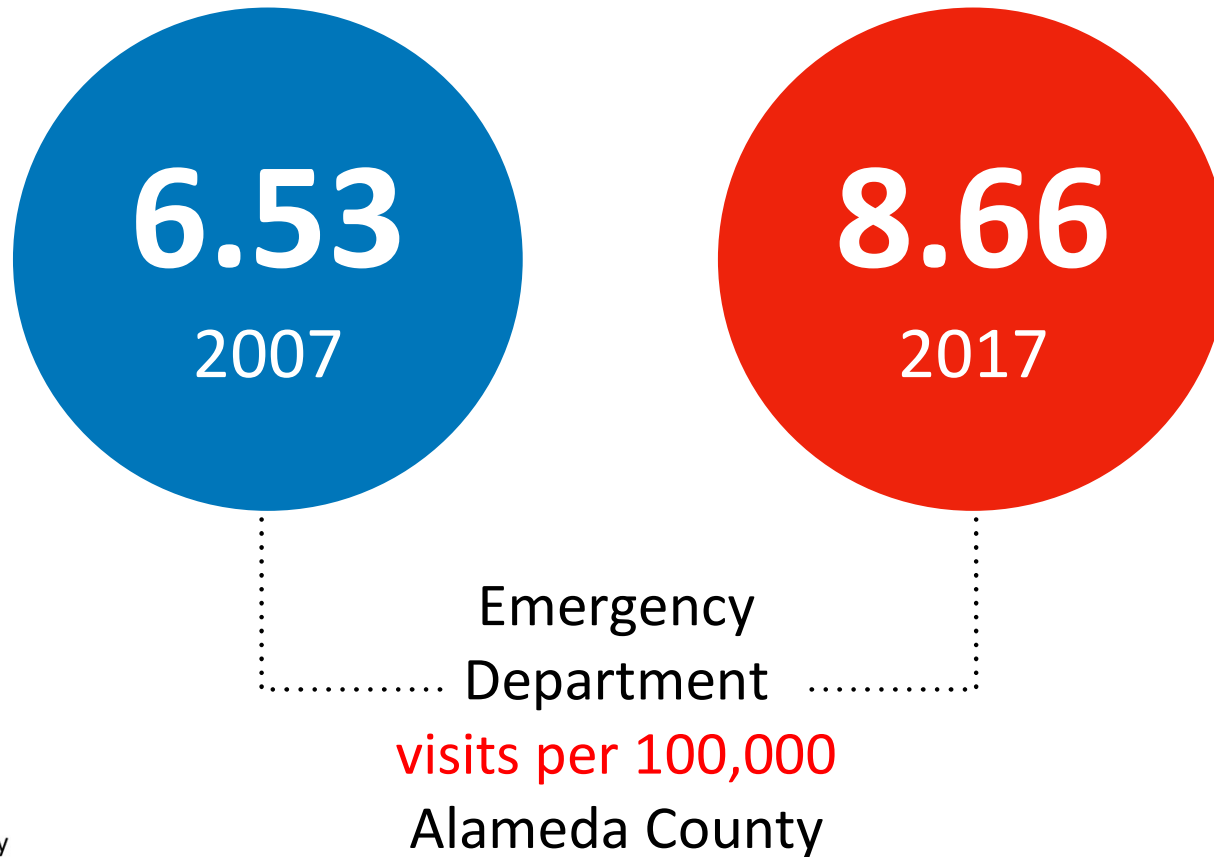
USA TODAY US Edition · 13 Feb 2018

WASHINGTON - The five biggest opioid manufacturers shelled out more than \$10 million to patient advocacy groups, professional medical societies and affiliated individuals - who then “echoed and amplified” messages that encouraged use of those highly addictive drugs, which set the state for the opioid epidemic.



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ED Visits related to Opioids*



Part of the Problem

759,873* prescriptions
in Alameda County



1 Rx
for every
2 residents
2017



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Action Plan

- 1 Reduce total number of pills prescribed; acute and chronic pain
- 2 One patient, one prescriber, one pharmacy to reduce doctor shopping
- 3 Reduce overdoses with naloxone kits
- 4 Bend the demand curve by changing public perception



HealthPAC \$ at Work

*Funding from HealthPAC and the collective effort of providers is making a difference; a **life saving difference.***

Overall opioid prescribing is **decreasing.**

Buprenorphine prescriptions are **increasing.**

288 overdoses **prevented** by Naloxone.



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Saving Lives

Increasing access to Naloxone



HEPPAC

GOALS

ACTUAL

EFFORT

Individuals trained to administer Naloxone

450

450

QUALITY

Participants found training helpful; increasing ability to respond to an overdose

90%

100%

IMPACT

Participants reported using Naloxone on someone experiencing OD symptoms

15%

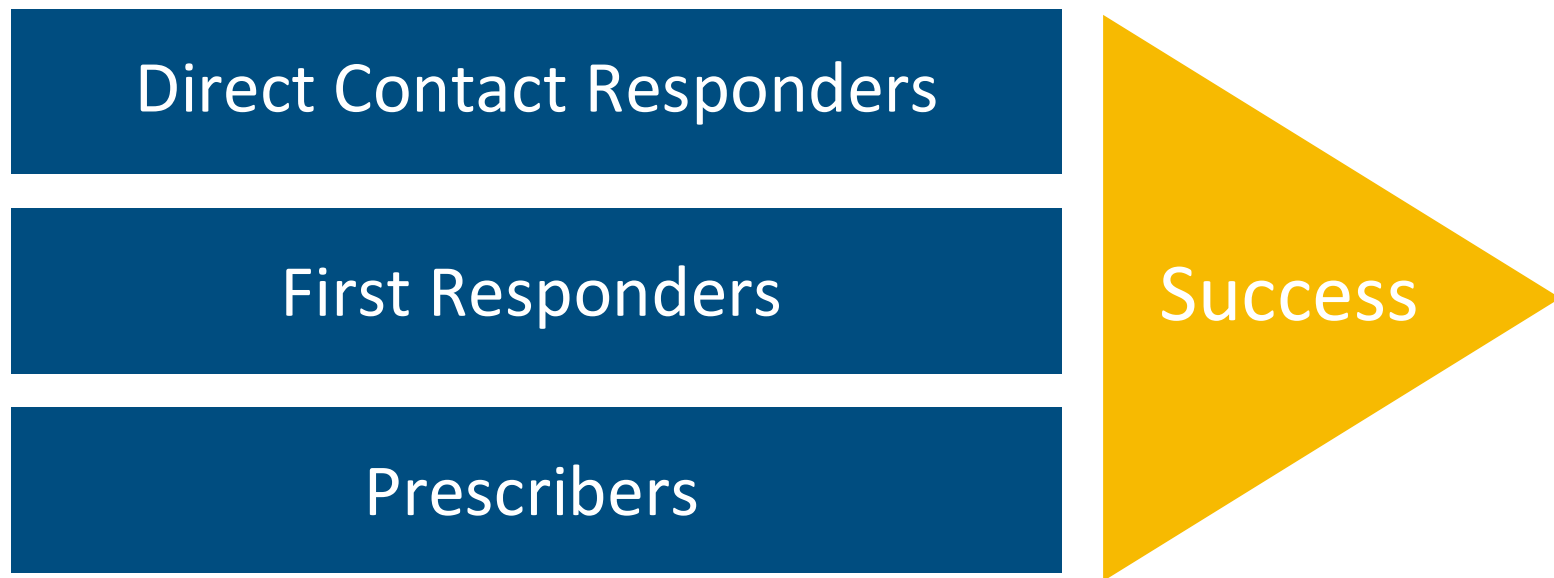
28%



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“Every day we hear stories about people whose lives have been saved by neighbors.”

Savanah O’Neill, HEPPAC



“We developed a standard Rx to make it easier to prescribe.”

David Tian, MD, Highland



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Bringing Quality to Life

Buprenorphine

Life saving medication to prevent death from opioid use disorder

Growing availability and plan for expansion to accelerate progress.



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Why Buprenorphine?

**Saves
Lives**

Prevents withdrawal, decreases
cravings

Less likely to cause respiratory
suppression

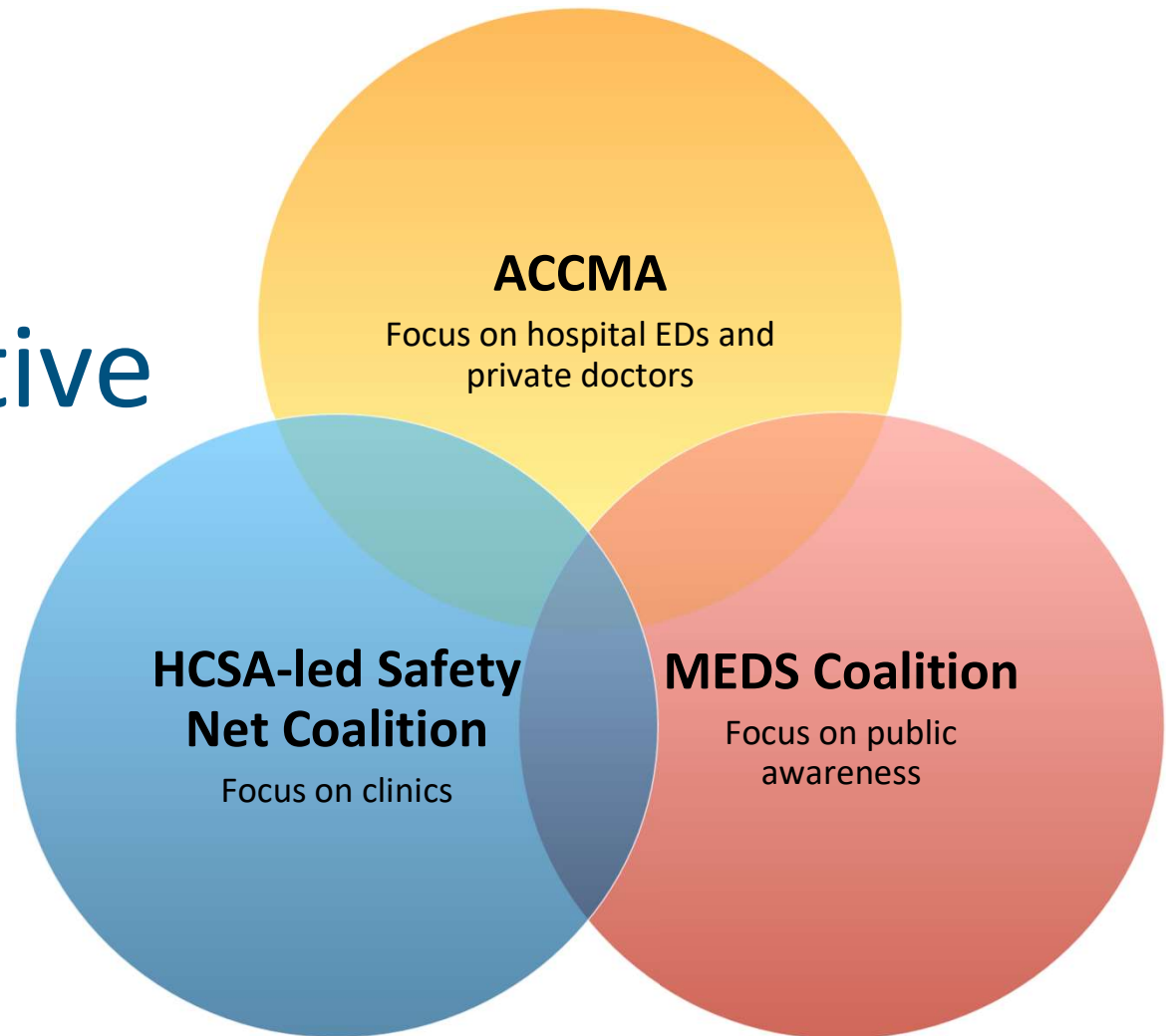
Fewer highs and lows offer brain
recovery

*If we want more people in treatment, we need more
providers eligible to prescribe*



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Action Collaborative



Where to seek help



Community Health Center Network

Alameda County Behavioral Health Care
Services Hotline **1-844-682-7215**

Highland Hospital Emergency Department

Highland Hospital Buprenorphine
Induction Clinic



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Nessa's Story

Nessa is a woman who had used heroin for decades. She was in her mid-40's and homeless when we met. Living in parks where she was surrounded by drugs, it was difficult to stop.

She began treatment with Buprenorphine and experienced an “aha” moment, realizing she had clarity for the first time in decades. The long-acting effect of Bup eliminated the dramatic highs and lows of illicit drugs and this offered her brain time to heal. She began engaging in behaviors that promoted recovery.

Today, Nessa has a 1-bedroom apartment, she continues her relationship with the clinic and has already received Hepatitis C treatment. She is no longer drinking alcohol and has not visited the ED in over two years.



Seth Gomez, Pharm.D.
Alameda County Behavioral
Health Care Services



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Moving Forward

- Get more prescribers on board
- Engage patients and families
- Expand Bupe distribution points
- Focus on medication disposal

